



Uxpool

1 Parkside Dr., Uxbridge
905-852-7831
www.uxbridge.ca/uxpool



Assistant Instructors

Through classroom learning and in-water practice, the Lifesaving Society Assistant Instructor course prepares candidates to help instructors with swimming and lifesaving classes. Candidates are introduced to key principles of learning and teaching while they master basic progressions. The roles and responsibilities of instructors and their assistants are emphasized. Volunteering with regular lessons is part of the program and is in addition to the hours listed below. Volunteering will be set up by the Trainer and not the Pool Office.

Prerequisites: 14 years of age by the end of the course; Bronze Cross or higher certification (need not be current)

Dates; January 22 to March 12 *Skip February 19
Time: 2 to 5 pm

Cost: \$150.00 + HST (includes \$42 material fees)