

Leadership Summer 2025

Lifesaving Society Swim for Life and Lifesaving Instructor

The Lifesaving Society Instructor course combines two different instructor programs in the same course. Participants will become familiar with teaching and evaluating the swimming strokes and related skills found in the Lifesaving Society Swim for Life program using proven teaching methods, planning skills, and a variety of stroke development drills and correction techniques. Building upon these skills, participants will learn to deliver and evaluate leadership and lifesaving courses. Upon completion and passing the course, participants will receive their Lifesaving Swim Instructor, Lifesaving Instructor and Lifesaving Emergency First Aid Instructor certifications.



Pre-requisites: Bronze Cross, 15 yrs of age (minimum) and a current Standard First aid.

August 25 to 29; Monday to Friday 8:30 am to 5:30 pm

Cost: \$422.00 + HST (includes materials and exam fees)

If you require only the Lifesaving Instructor portion, please speak to staff to make special arrangements

Bronze Medallion and Bronze Cross



Please see separate Bronze information flyer for complete details and pre-requisites and costs.



**Monday to Saturday: June 30 to 5 *Skip July 1 Or
Monday to Friday: August 25 to 29
8:30 am to 4:30 pm**