



# Uxpool

1 Parkside Dr., Uxbridge  
905-852-7831  
[www.uxbridge.ca/uxpool](http://www.uxbridge.ca/uxpool)

## Take the Plunge and Train with The Best Summer Registration begins May 28 at 9:00 a.m.



### Bronze Medallion:

Challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness – the four components of water rescue – form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross.

**Prerequisite:** Minimum 13 years of age or Bronze Star certification (need not be current).

### Weekly Sessions - pick your week

**All classes run 8:30 am to 4:30 pm**

**Monday to Saturday: June 30 to July 5 \*Skip July 1 Or**

**Monday to Friday: August 25 to 29**

**Cost: \$283 (includes Material and Exam Fees)**



### Bronze Cross:

Begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies. Bronze Cross is a prerequisite for advanced training in the Society's National Lifeguard and leadership certification programs.

**Prerequisite:** Bronze Medallion and Emergency or Standard First Aid

**Note:** Lifesaving Society Standard First Aid certification is included in the course.

### Weekly Sessions - pick your week

**All classes run 8:30 am to 4:30 pm**

**Monday to Saturday: June 30 to July 5 \*Skip July 1 Or**

**Monday to Friday: August 25 to 29**

**Cost: \$275 (includes Material and Exam Fees)**